

田家炳中學  
職學輔導組

生涯職業規劃框架 (其他學習經歷(OLE)與職業相關歷程(CRE))

	S.1-3 (尋找方向)	S.4 (激發探求)	S.5 (認清實力)	S.6 (集中目標)
Guidance and Counseling for individuals 個別輔導	Group and Individual Career Guidance and Counseling <ul style="list-style-type: none"> <li>F.5 Individual Counseling 訂定個人計劃，並以個人輔導方式由專職社工及班主任跟進</li> <li>F.6 JUPAS Mock Exam Result Release with Tai Hang Youth Centre/ F.6 Group and Individual Counseling               <ul style="list-style-type: none"> <li>F.3 Career Guidance and Counseling (Non-engaged students) (After 2017)</li> </ul> </li> </ul>			
Career Life Planning 生涯規劃課程 ☆ 幫助學生認清自己的學業興趣、能力及事業目標。 ☆ 提供準確而不偏不倚的升學資訊，包括升學機會、就業途徑及支援機制等。 ☆ 幫助學生建立、檢視、重整個人的學習計劃及事業路向。	1. F.1 Career Life Planning 營造追求卓越的氣氛，建立人生志向 2. F.2 Career Life Planning 擴闊視野、引起興趣 3. F.3 Career Life Planning 認識本校的選科安排 探索新領域	F.4 Career Life Planning 1. 職業志向 (Goal Setting) 2. 高中出路初探簡介 ☆ 本地學位介紹 3. 實踐的動力 ☆ 學業與事業發展與行動實踐	F.5 Career Life Planning 1. 升學及就業計劃 ☆ 事業面面觀 2. 大學聯招預選 ☆ JUPAS 預選工作坊 ☆ 大學聯招前的模擬面試	F.6 Career Life Planning 1. 人生路向定位(升學) ☆ 大學聯招選科 ☆ 大學之道，多元出路升學 ☆ 面試面面觀
	Academic aptitude assessment 中一：認識自我+學習策略 中二：職業行業介紹 中三：性向、模擬選科	Career tests: 可考慮選用 Holland 的擇業表格 Personality and Traits Tests (School Website) Career interests, career plan, career values Assessment of transferable skills		
Facilitating Learning Experiences About work 與工作相關的學習經歷	School-based Career Activity: Career Talks / University Visit/ Disney Foundation's Career Success Join CLAP Program to evaluate the curriculum in 2016 Mentorship Program jointly with NGOs, alumni association and PTA(與家教會和校友會合辦的專業人士講座)			
	Junior Forms: Job shadowing	F.4 and F.5 work experience scheme 商營機構參觀，展板介紹，利用撥款資助學生出外實習、體驗工作		
		F.4 Whole Form Career Visits (Professional / Business Partnership Program)  Youth Outreach : Future First – On Eagles' Wings 2015  Applied Learning Taster Programs (不適用於本校)	Hong Kong Swatow Baptist Church Community Service          Applied Learning Courses (不適用於本校)	

	S.1-3	S.4	S.5	S.6	
Organizing school-wide Career Guidance Activities 全校性輔導活動	Guidance programs on further opportunities, and subject choices  中三：周會 (選科安排、考慮因素、班主任時間學兄參觀大學開放日後分享)	Study Abroad (I) 試後活動期間的外地升學講座 C.A.T.C.H	Guidance programs on university admission and course selection 中五下：周會 (聯招簡介)、校友交流 (C.A.T.C.H) 中六上：周會 (聯招選科講座)、校友交流 (C.A.T.C.H)		
			Study abroad (II) 試後活動期間的台灣升學講座 C.A.T.C.H	放榜前輔導工作坊	
		University Taster Programs or Camps [各間院校的暑期宿營 (轉發宣傳)]			
		Visiting local universities 中四及中五：大學校園參觀 (如中大、理工、教院等) C.A.T.C.H 中五及中六：每年 9-11 月的聯招前開放日 (轉發宣傳)			
Linking study opportunities and Career choices 升學與就業	Connection of subjects and occupational choices 中二下：生活教育(職業行業介紹) 中三：周會 (與選修科目相關職業)	Education and Career opportunities of individual subjects Mock Interview Skills Other Learning Experiences and Qualification e.g. IELTS			
Formulating a career guidance Curriculum 與正規課程結合	Integrated Life Education Curriculum (meaning of work, understanding self, career projects or interviews) 2015-16  與英文科結合： 1. 以英語介紹一種職業。 2. 擬寫與職場態度有關的議論文。  2016-17 1. Integration of other subjects in Career and Life Education	Career and Life Skills Curriculum (Educational planning, career research paper, understanding self)  周會(3 節) 1. 青協主講「C.A.T.C.H 事業發展原是夢」 C.A.T.C.H 2. 簡介高中畢業後的各種升學出路 (本地學位) C.A.T.C.H 3. 簡介高中畢業後的各種升學出路 (JUPAS 以外升學) C.A.T.C.H	Career and Life Skills Curriculum (Educational and vocational goals setting, understanding of the world of work, e.g., trends of local economy, work ethics)  1. 與英文科結合，模擬面試扮演，撰寫 JUPAS 500 字。 2. DSE 成績預測 + JUPAS 預選 3. 利用 CII 讓學生思考自己不同的發展方向	Career and Life Skills Curriculum (Educational and vocational goal setting career planning, job search skills, understanding of the world of work.e.g. qualification framework, work ethics)  與英文科結合，學習撰寫自薦信，供求職或升學用。  周會(2 節)：C.A.T.C.H 1. JUPAS 2. 大學之道	