

田家炳中學
職學輔導組

生涯職業規劃框架 (其他學習經歷(OLE)與職業相關歷程(CRE))

	S.1-3 (尋找方向)	S.4 (激發探求)	S.5 (認清實力)	S.6 (集中目標)
Guidance and Counseling for individuals 個別輔導	Career Guidance and Counseling for individual students <ul style="list-style-type: none"> F.5 Individual Counseling 訂定個人計劃，並以個人輔導方式由專職社工及班主任跟進 (CLP Grant) F.6 JUPAS Mock Exam Result Release with Hok Yau Club/ F.6 Individual Counseling (CLP Grant) 			
Enabling individual Student Planning 訂定個人計劃	Initial NSS Study Plan		Revision of NSS Study Plan <ul style="list-style-type: none"> 以 CII 平台掌握不同興趣下的可發展方向 配合成績換算，及進行模擬放榜 大學聯招前的模擬面試(上) 增/退修安排 	Mock job searching activities and interview workshops for job search and university admission. 大學聯招前的模擬面試(下)
	Academic aptitude assessment 中一：讀書話咁易(學習技巧與生涯) 中二下：生活教育 (職業行業介紹) 中三：生活教育(性向、模擬選科、)	<ul style="list-style-type: none"> Career tests: 可考慮選用 Holland 的擇業表格 	Personality and Traits Tests (School Website) (CLP Grant)	Career interests, career plan, career values
Facilitating Learning Experiences About work 與工作相關的學習經歷	Job shadowing and work experience scheme Career Visits 商營機構參觀，展板介紹，利用撥款資助學生出外實習、體驗工作 (CLP Grant)			
	Junior Career Guidance Counseling Group <ul style="list-style-type: none"> Career Visit Disney Foundation's Career Success	Professional / Business Partnership Program Form 4 Career Visit 商校計劃：教育局商校伙伴計劃(如有)、坊間機構 C.A.T.C.H (CLP Grant)	Mentorship Program jointly with NGOs, alumni association and PTA <ol style="list-style-type: none"> 與家教會(初議)和校友會合辦的專業人士講座 ELITE – HKJC PROJECT jointly organized by ABM Hong Kong Swatow Baptist Church Community Service 	Applied Learning Courses (不適用於本校)

	S.1-3	S.4	S.5	S.6
Organizing school-wide Career Guidance Activities 全校性輔導活動				放榜前輔導工作坊
		Study Abroad (I) • 試後活動期間的內地升學講座 C.A.T.C.H	Guidance programs on university admission and course selection 中五下：周會 (聯招簡介)、校友交流 (C.A.T.C.H) 中六上：周會 (聯招選科講座)、校友交流 (C.A.T.C.H)	
			Study abroad (II) • 試後活動期間的台灣升學講座 C.A.T.C.H	
		University Taster Programs or Camps 各間院校的暑期宿營 (轉發宣傳)		
	Guidance programs on further opportunities, and subject choices 中三：周會 (選科安排、考慮因素、班主任時間學兄參觀大學開放日後分享)	Visiting local universities 中四及中五：大學校園參觀 (如中大、理工、教院等) C.A.T.C.H 中五及中六：每年 9-11 月的聯招前開放日 (轉發宣傳) (CLP Grant)		
Linking study opportunities and Career choices 升學與就業	Connection of subjects and occupational choices 中二下：生活教育 (職業行業介紹) 中三：周會 (與選修科目相關職業)	Education and Career opportunities of individual subjects		
Formulating a career guidance Curriculum 與正規課程結合	Integrated Life Education Curriculum (meaning of work, understanding self, career projects or interviews) 與英文科結合：(CLP Grant) 1. 中三級小組參觀主題公園，了解不同工作崗位，認識正確的工作態度。 2. 以英語介紹一種職業。 3. 擬寫與職場態度有關的議論文。	Career and Life Skills Curriculum (Educational planning, career research paper, understanding self) 周會(3 節) 1. 青協主講「C.A.T.C.H 事業發展原是夢」 C.A.T.C.H 2. 簡介高中畢業後的各種升學出路 (本地學位) C.A.T.C.H(CLP Grant) 3. 簡介高中畢業後的各種升學出路 (JUPAS 以外升學) C.A.T.C.H	Career and Life Skills Curriculum (Educational and vocational goals setting, understanding of the world of work, e.g., trends of local economy, work ethics) 1. 與英文科結合，模擬面試扮演，撰寫 JUPAS 500 字。 2. DSE 成績預測 + JUPAS 預選 3. 利用 CII 讓學生思考自己不同的發展方向	Career and Life Skills Curriculum (Educational and vocational goal setting, career planning, job search skills, understanding of the world of work.e.g. qualification framework, work ethics) 與英文科結合，學習撰寫自薦信，供求職或升學用。 周會(2 節)：C.A.T.C.H 1. JUPAS 2. 大學之道 (CLP Grant)
		Assessment of student's needs with group assessment instruments, e.g. Self-efficiency inventories developed by Life Skills		

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